

Outbreak of COVID-19 Pandemic: Its Effects on the Attitudinal, Mental and Social Health of the Grade Six Pupils

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Abstract

The global crisis resulting from the outbreak of COVID-19 pandemic enormously affects the physical, mental and social aspect of every human being. The ultimate goal of this study was to determine and analyze the attitudinal, mental and social effects of COVID-19 Pandemic among grade six pupils at Salabaca Elementary School amidst new normal education. Further, the result of this study was used as the basis for crafting some programs and interventions which served as coping strategies in these trying times. This study adopted the concept of quantitative research design, specially a Descriptive-Correlation method. Its process involves identifying a management problem; translating the problem into a research problem; collecting, analyzing, and reporting the information specified in the research problem. This study was conducted at Pusot Elementary School, Baluan, Palimbang, Sultan Kudarat during the school year 2021-2022. Pusot Elementary School is one the farthest elementary schools in DepEd Palimbang District, Division of Sultan Kudarat. A total of 30 officially enrolled Grade Six pupils at Pusot Elementary School, Baluan, Palimbang, Sultan Kudarat in the school year 2021-2022 amid the New Normal Education. They were selected using the convenience sampling technique. Result reveals that the extent of impact of Covid 19, in terms of learners' Mental Well-Being, result suggests that majority of the problem encountered by the learners that contribute to the instability of their mental well-being is the numerous paper works they have, such as module and other home-based activities. Further, learners cannot concentrate answering their assignments and doing other related activities because they keep on overthinking things due to the outbreak of Covid 19. It is also concluded that most of the young learners tend to overthink about their module and their health condition which bring them to an anxious feeling that affect their mental health.

Keywords: Outbreak of Covid 19, New Normal Education, Attitudinal, Mental